

Event notes – Wolf Den, Mashamoquet State Park, CT – Saturday May 9th, 2026

Access at main park entrance, CT Hwy 44 at Pomfret

<https://maps.app.goo.gl/SS8hXbV78DpDtLJN7>

Wolf Den is an old map, but still in good shape. Minor updates to the map have been made in preparation for this event where they affect navigation and route choice.

Since the last major survey, the vegetation cover has changed somewhat. In general, light and medium green areas are covered by a combination of barberry and greenbrier, neither of which is pleasant to run through. Deep green areas are mostly thickets of mountain laurel, which is very slow going but not thorny. While the extent of dense vegetation is broadly accurate on the map, it is the case that some smaller thickets have coalesced into larger masses.

Otherwise, this is an open, runnable area of mixed woodland with plenty of rock, contour, and vegetation detail – much like Bigelow Hollow, in fact. At the time of writing (5/3/26), undergrowth is minimal, but trees are rapidly leafing out. Please be aware of ticks.

The start for Blue, Red, Green, Brown, and Orange courses is a 10-15 minute walk along the road, across the creek at the bridge, and then up a hill on a trail. The start for Yellow and White courses is at the assembly area. All courses have the same finish, at the assembly area (large shelter). Water will be placed at strategic locations on advanced courses.

Historical note – the name Wolf Den is derived from a lair occupied by the last known wolf in the State, killed in 1742 by one Israel Putnam after it had terrorized local livestock. The small cave where the killing took place is in the southwestern part of the map.

Course lengths

Blue – 5.0 km, 70 m climb, 16 controls, 1:10,000 scale

Red – 4.4 km, 70 m climb, 13 controls, 1:10,000 scale

Green – 3.7 km, 60 m climb, 11 controls, 1:7,500 scale

Brown – 3.2 km, 50 m climb, 10 controls, 1:7,500 scale

Orange – 2.9 km, 9 controls, 1:7,500 scale

Yellow – 2.4 km, 12 controls, 1:5,000 scale

White – 1.6 km, 10 controls, 1:5,000 scale

